



CAMERON HOUSE

金美倫堂

Quarterly Newsletter

# CURRENT

Summer  
2010



Through your generosity and the hard work of our youth and adult volunteers, we raised \$30,000!



# Cameron Carnival 2010

# Westminster Woods Youth Camp 2010

**Sunday, August 8 - Friday, August 13**

Every summer, dozens of youth look forward to the creative activities, lively discussions, and relationship-building opportunities that can only be experienced at Westminster Woods Youth Camp! We invite all youth entering 6th to 12th grade in the fall to join us for an amazing week of fun and growth as we explore this year's camp theme, "The Puzzle of Life: Feelin' Free to Be Me!"

We want to bring at least 120 youth to Westminster Woods this year and we could use the help of alumni and friends of the Cameron House community! Every year, many youth miss out on their chance to participate due to financial hardship and we expect more families to have a hard time this summer during these tough economic times.

**If you feel moved to help a young person attend Westminster Woods this summer, please contact Laurene Chan, Director of Youth Ministries at [laurene@cameronhouse.org](mailto:laurene@cameronhouse.org) or at (415) 781-0401 x. 142.** Any and every contribution can go a long way in shaping the future of a young person!

Registration forms now available at [www.cameronhouse.org](http://www.cameronhouse.org). For more information or if you have questions, please contact Josh Chuck and Chris Cheuk, Westminster Woods Camp co-directors, at (415) 781-0401 x. 126 or at [youthministries@cameronhouse.org](mailto:youthministries@cameronhouse.org).

## The Film Crew

*By Nicholas Yee*

This summer is the first-ever Video Internship Program at Cameron House. Most of us are part-time status because of other commitments, but we still want to be volunteering for Cameron House. We are all interested in learning the art of film and editing because we would like to create our own productions, whether it be music videos or short films.

Through this program we hope to learn professional techniques in filming. Our biggest project will be a documentary of the 7th Grade Solid Ground Department. We are following the paths of leaders and the coordinator throughout the summer and will try to capture their adventures. We also have the opportunity to work on our own individual projects expressing our different styles. By the end of the summer we hope to each have our own video creations and create the first documentary about the Solid Ground program!

We will be shooting with a simple Flip Camera and learning to use Final Cut Pro, a professional-level editing program. We will be learning to work as a production team, which will require hard work and sacrifice. During training week, we finished our first video so we hope to see you at a theater near you!

## You've Got Mail!

Let us know if we can send this Current to you by email! It will save us the cost of paper and postage. Let us know by contacting us at [cameronhouse@cameronhouse.org](mailto:cameronhouse@cameronhouse.org). An added plus, the pictures are online in color! Thank you!



# Nine Academic Scholarship Awards for Cameron House Students

by Laurene Chan

On Friday, June 18th, the annual Academic Scholarship Awards Presentation went on in front of a packed Culbertson Hall. Nine outstanding Cameron House youth and young adults received scholarships ranging from \$500.00 to \$1000.00 for their leadership and service to this community, as well as for their academic achievements and goals. Cameron House is grateful and moved by the generosity of donors: David and Pauline Chan, Micah Chu and Foy White-Chu, Kenneth and Josephine Kwong, and Clovis and Pat Shem.



Pictured: (from l to r standing in the Back Row): Mr. and Mrs. Lim (parents of award recipient), Henry Wong (CH Board Member and Scholarship Review Committee Member), Norman Lau, Robert Lim, Gary Hong and Mike Xie (recipients); Josephine and Kenneth Kwong, Laurene Chan, Karen Ho (parent of recipient). Middle Row: David and Pauline Chan, Pat Shem, Monica Walters, Tori Chie (recipient). Kneeling in the Front Row: Jeremy Ho (recipient), Clovis Shem, Sherman Gee (recipient), and Byron Ho (parent of recipient)  
Not pictured: Micah Chu and Foy White-Chu, Nancy Chee (CH Board Member and Scholarship Review Committee Member); Liane Chan and Kelley Yee (recipients)

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## Excerpted from *News'Notes* – April 2010 issue Chinese Historical Society of Southern California

*“Chi’ing Ming Festival....second part of the festival will feature the tradition of “grave sweeping.” Participants will walk over to the grave of Donaldina Cameron and help clean her plot. Ms. Cameron is credited with the rescuing of thousands of Asian women, who were either being held as domestic slaves and prostitutes back in the late 1890s and early 1900s. Along with tipping off police of illegal activities and sometimes going on police raids herself, she also maintained a women’s shelter, where women could live and learn basic skills.*

*The grandchildren of people who knew Ms. Cameron personally will share the stories their grandparents told them about her during the grave sweeping. “*



Cameron House Alumni Franklin and Jean Woo attended this event and spoke at this ceremony on April 3, 2010: *“...from Donaldina Cameron’s grave we are moved and reminded that much is demanded of us the living, if we are to carry on their struggle and sacrifice, albeit under new circumstances, to play our part in making America truly an inclusive ‘land of the free and home of the brave’ for all.”*

Thank you to Franklin and Jean Woo for representing Donaldina Cameron House at this ceremony honoring Miss Cameron and Auntie Tien Wu.

# Being a Parent is Not Easy

By Yulanda Kwong

## *The Interactive Parenting Workshop for Chinese Families May Help...*

One of the most difficult jobs in the world is being a parent. It is full-time with no expectations of compensation. Unconditional love is always given. This job also comes with moments of frustration, uncertainties, and worry. However, we also look forward to and cherish the celebration of life, hope, joy, and laughter that come with it. There is not one set formula on effective parenting. However, there are some skills that parents can learn and use to help them and their children develop and maintain a better relationship.

The *Interactive Parenting Workshop for Chinese Families* wrapped up our last session in April 2010. In a total of eight sessions, five parents and six children learned skills of reflecting, praising, setting limits, and implementing logical consequences through art activities, discussions, videos, making sushi, and using the one-way mirror. Based on feedback from the participating parents and children, all benefitted from the workshop. Each of the participants suggested that we offer more sessions in the future. They felt that the workshop ends when they just start to be

more familiar with the skills and practices. The participants themselves build a wonderful peer relationship during the workshop. They mutually supported each other and shared with one another their parenting experiences and advice. It was not only a positive experience for the participants, but a rewarding experience for the Cameron House staff since this was a pilot project for us.

Taking into account families' feedback and the staff's insight, we are in the middle of modifying the curriculum. Some of the changes will be 10 sessions instead of offering eight. Also, we will design a curriculum for the children in correlation with the parents' curriculum. Parents and children will be learning separately, but taught in parallel. We will continue to incorporate opportunities for both parents and children to practice skills and experience in relationship building as staff coaches. We hope to carry out our next series in the Fall of 2010. Please look for upcoming news about future workshops. If there are questions or interest about this workshop, please contact Diana at (415) 781-0401 x. 125.

### **Three Good Reasons to have an Estate Plan:**

1. For Your Family
2. For Peace of Mind
3. To Continue the Work of Cameron House

*Please send me free estate planning materials on wills and living trusts.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*Cameron House encourages you to have up-to-date estate plans. CH estate planning materials are for educational purposes only and are not a substitute for legal advice. Information is provided confidentially. You may request materials by emailing [cameronhouse@cameronhouse.org](mailto:cameronhouse@cameronhouse.org) or calling Mary at 415-781-0401 x.120.*

## In Honor of:

### Josh Chuck

Moony Tong

### Doreen Der-McLeod

Nora and Sichi Li

### Joanna Jew Dunn

Ronald and Marilyn Jennings

### Sherman Gee

Moony Tong

### Loreen Seid Jung

Elliot and Myrna Bernadel-Huey

Geralyn Chin

Lorna (Ho) Randlett

Wendy Woo

Calvin and Sharon (Chew) Yee

### Nathan Louie

Low and Jeanette Chan

### Trang Luong

Moony Tong

### Sing Quan

Moony Tong

### Winchell Quock

Elliot and Myrna Bernadel-Huey

### Sabrina Gee Shin

Anonymous

### Gary Tom

Faculty and Staff at Civic Center  
Campus, City College

## In Memory of:

### Randall Au

Isabelle, Lindsay and Jeffrey Au

Man and Susie Au

Mary Dunleavy

Debra Howard

Gary Sada

Jennie Tong

Benson and Bernadine Wong

Edwin "Moe" Wong

Patricia L. Wong

### Edward Chan

William Chan

### Betty Chaw

Dora Jang

### Robert Chow

Ann Chow

### Virginia and Stanford Choy

Marian Gan

### Virginia Clough

Bud and Dee Shigley

### Carolyn Dunn

Rick and Kathy Amerson

Carolyn and Robert Caligiuri

Forrest and Damaris Shigley

### Janet Eschen

Mary Sechrist

### Collin Fong

Henry Gee and Laura Dea-Gee

Lester and Debbie Tong

### Laura Fong

Carol and Henry Tong

### Stanley Fong

Helen Charette

Nancy Chee and David Chan

Pauline and Harry Chew

Pearl Chinn

Gary Fong and Linda Louie

Liz and Morrison Fong

Maxine and Paul Fong

Nancy Fong

Richard, Maxine Fong and Family

Sylvia Fong

George and Edna Gee

Stanley and Phyllis Gee

Nellie Go

Randall and Denise Go

Pamela Howard

Virginia Jeong

May and Larry Jew

Cynthia Joe

Anna Kwock

John and Amy Lee

Emily Leong

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May and Larry Lui

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Patricia Lum

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George and Ethel Woong

Sarah "Sally" Yeatman

Eleanor Yim

Sylvia Yim

Robert and Flora Young

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Cynthia Joe

Priscilla Wong

### James Hom

Natalie and Ray Oyung

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Dexter and Mei-Mei Hong

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Charlotte Baird

Martha Chan

### Bill and Helen Kee

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### Bronson Lee

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### Rev. and Mrs. Stephen M. S. Lee

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Gracina and Calvin Leong

### Melvin Leong

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Lester and Debbie Tong

### Florence and Lorna Logan

Jean Allan

### Harold Louie

Florence Louie

### Bill and Flora Lowe

Jeanne Lowe

### Irene Luu

Helen Luu

### David Ng

Elliot and Myrna Bernadel-Huey

Larry Low

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William Ong

### Thomas Ong

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### Henry Ow

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Ron and Jackie Fong

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Wing and Dorothy Lai

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Edwin Lee and Family

Harry and Rose Lee

Karen and Laurence Li

Shirley Li, Mark Yolleck and Family

Mrs. Weihan Li

Leonard Louie

Patricia Louie and Willie Wong

William Ng

Mack Pong

Max Pong

Molly Pong and Family

Perry Pong

Thomas Pong

Alice Tom

Gordon and Donna Tom

Carol K. Wong and Family

Harmon and Pearl Wong-Woo

Edmund Yee and Nancy Lim-Yee

Mrs. Tui Yook Yee

Violet Yip

### Mary W. Sit

Mary L. Seid

### Franz S. Wichman

*(funds designated for healing work)*

Ernest Fricke and Daina Variakojis

### Lois Wichman

Marvin Lee

### Carrie Won

Toni MacIntyre

### Jane Chan Wong

Henry and Lolan Ho-Wong

### Marvin L. Wong

Natalie and Ray Oyung

### Suey Don Wong

Elliot and Myrna Bernadel-Huey

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Angela and Terry Tom

Carolyn Wong

Penny L. Wong

Leonard and Margaret Zavertrnik

### Ernest Wu

Ruth Wu

### Mabel Yee

Valerie Louie

### Parents, Sisters and Brothers

Rose and William Lee

# Tributes & Memorials





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## It's Time to Call Our Cameron House Friends!

Each year around this time, we conduct our **Annual Phonathon** to raise money to sustain the on-going work of Cameron House. On Aug. 24th and 25th, between 7-9 p.m., board members, staff, and loyal volunteers will be calling to ask for your support. We are hoping to have another remarkable year with a "challenge match donation" from board and select donors who will pledge in advance to help us launch this campaign successfully and move us closer to our goal!

In mid July we will send out a letter with an enclosed easy mail-back pledge card that allows you to donate by check or by credit card. You can also donate on line through our website by clicking on "Donate" at the top bar and scroll to "**Donate on Line**" and click. *If we receive your donation by August 20th, we will take you off our call list.*

**Help us reach the \$75,000 goal this year and sustain our on-going work with immigrant families, women, children and youth. Every gift no matter how large or small will make a difference.**



*Members of the 2010 Board of Directors hope to raise \$75,000*